

Personal Hygiene Bag

Materials: 13 ½ inch fabric cut the entire width (from selvage to selvage) of the fabric; gallon slider bag, 2 inches of Velcro.

Cut one 3-inch strip from the fabric

Fold selvage edges into the center of 10 ½ inch strip and adjust so that the plastic bag is one-inch below the folded edges on each side.

Stitch along the selvages, and stitch a one-inch seam down from the folded edge on both sides.

Sew Velcro at the center of each folded edge on the side that the Velcro edges are stitched

Fold 10 ½ inch fabric in half right sides together. The Velcro should be showing.

Unzip the bag about three inches. Lay onto the fabric with the top of the bag at the stitching line 1 inch below the top of the fabric. Stitch around the bag from the top on one side to the top on the other side. Clip corners and turn right side out.

Using the 3 inch strip: Press in ½ inch on each side and fold in the center. Press. Stitch up one side and down the other. Sew to inside at the sides of the bag.

Bags and their contents will be used to open conversations with young women in Haiti and benefit them by supplying them with their monthly needs. **Handwork that Helps 2014.**

